

Job Fit Worksheet #1 Perfectionist

Complete this worksheet to compare three jobs you have held or are thinking of pursuing. Rate each one from 1-Low to 5-High, then add up the totals.

| | Job Title 1: | Job Title 2: | Job Title 3: |
|--|---------------|---------------|---------------|
| | _____ | _____ | _____ |
| To what degree can I carry out my <i>ideals</i> ... | ...in job #1? | ...in job #2? | ...in job #3? |
| | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 |
| How much am I supported in my quest to <i>improve</i> things ... | ...in job #1? | ...in job #2? | ...in job #3? |
| | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 |
| How <i>hard working</i> are the colleagues and managers... | ...in job #1? | ...in job #2? | ...in job #3? |
| | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 |
| How much <i>order</i> and <i>neatness</i> exists ... | ...in job #1? | ...in job #2? | ...in job #3? |
| | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 |
| To what degree are the <i>standards</i> clear ... | ...in job #1? | ...in job #2? | ...in job #3? |
| | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 |
| TOTALS | | | |